

AROMATHERAPY

ESSENTIAL OIL MENU

**\$15 ADDED TO ANY MASSAGE
OR SPECIALTY SERVICE**

**\$15 ADDED TO SCALP
AND HAIR THERAPY TREATMENT**

Choose one *Specialty Oil for Massage* and up to two *Therapeutic Essential Oils*. Your therapist will help you choose the best blend for you.

SPECIALTY OILS FOR MASSAGE

Arnica Analgesic Oil

Muscle Aches and Pains/Inflammation

100% pure analgesic oil rich in arnica and anti-inflammatory essential oils to relieve pain and nourish skin. Infused with Birch, Juniper and Rosemary essential oils.

Hydrating Laminaria Oil

Revitalizing/Hydrating

100% organic seaweed oil treatment to soothe and treat the skin improving skin tone and vitality. Assists in relieving symptoms of psoriasis and dry skin conditions. Infused with essential oils of Ylang Ylang, Lavender, Amoise, Grapefruit, Mugwort, Rosemary, Chamomile and Lemongrass.

THERAPEUTIC ESSENTIAL OILS

Serenity Oil

Sedative/Relaxing

Soothing and relaxing blend of oils especially formulated for relieving tension, insomnia, nervousness and fatigue. Infused with the essential oils of Sage, Pettigrain, Lavender, Clary Sage, Mugwort and Ylang Ylang.

Drainage Oil

Lymphatic Drainage/PMS/Water Retention

A blend of essences used to aid in the symptoms of PMS, removal of excess water, cellulite and bloat. Infused with the essential oils of Rosemary, Cypress, Sage, Eucalyptus and Juniper.

Detox Oil

Purifying/Increased Circulation

A blend of essential oils selected for their purifying properties as well as the effects on circulation. Detoxifies, helps alleviate bloating also good for acne and eczema. Ideal for abdominal massage. Infused with the essential oils of Rosemary, Cinnamon, Sage, White Thyme, Tea Tree, Armoise and Ylang Ylang.

Lavender Oil

Increased Relaxation/Deep Sleep

Pure lavender oil used for its antiseptic and anti-inflammatory properties as well as promoting relaxation, reducing anxiety and calming restlessness.

Heat Oil

Sports/Pain Relief

A blend of essential oils specially selected to help soothe sore muscles and relieve pain. Uplifting and clarifying. Infused with the essential oils of Rosemary, Wintergreen, Sage, Ylang Ylang, Eucalyptus, Juniper and Thyme.

Cooling Gel

Sports/Pain Relief

Assists in the reduction of pain, stiff muscles, inflammation, bloat and water retention. Infused with the essential oils of Menthol, Camphor, Hibiscus, Caffeine, Peppermint, Rosemary, Irish Moss and Green Tea Extract, Calcium and Magnesium.

SPECIALITY OIL FOR SCALP AND HAIR THERAPY

Stimulating Scalp Oil

Stimulating Circulation/Hydrating

A blend of botanical essences known for their germicidal and oil control properties in a base of anti-oxidant botanical oils with Tea Tree, Thyme, Eucalyptus, Lemongrass, Rosemary, Sage and Juniper berry.



THE SPRING
RESORT & SPA