

## MASSAGE

**SPRING SIGNATURE RELAXATION** 50 min \$150 | 80 min \$210  
Promotes deep relaxation and improves circulation using long strokes, fluid kneading movements and friction techniques to deliver a complete relaxation accompanied by lavender aromatherapy oils.

**DEEP TISSUE/SPORTS MASSAGE** 50 min \$175 | 80 min \$255  
Slow and firm technique addressing deeper layers of muscles and fascia helping relieve chronic muscle pain and tension.

**CUSTOM THERAPEUTIC MASSAGE** 50 min \$170 | 80 min \$250  
Customized to your specific needs using various techniques which may include Swedish Massage, Deep Tissue, Acupressure, Trigger Point Therapy, Cranial Sacral, Reflexology. Includes aromatherapy.

**PREGNANCY MASSAGE** 50 min \$170  
Gentle technique for the mother-to-be helps alleviate back discomfort, improving circulation, reduce edema and decrease stress.

**REFLEXOLOGY** 50 min \$170  
Firm pressure, kneading and rubbing to stimulate reflex points in the feet, hands and/or ears benefiting the entire body.

## MASSAGE ENHANCEMENT

Add any 30 minute treatments to enhance your experience

**TARGETED MASSAGE** 30 min \$80  
Optimum results where attention is needed the most such as neck, shoulders and/or lower back.

**ABDOMINAL MASSAGE** 30 min \$80  
Deep yet gentle targeted massage of the abdomen relieving stress, constipation, tight abdominal muscles, improving digestion and elimination. *Recommended prior to a Colon Hydrotherapy Session*

**SCALP AND HAIR THERAPY** 30 min \$80  
Warm coconut oil massaged into the scalp to invigorate and increase circulation leaving your hair rejuvenated and shining.

## WELLNESS TREATMENTS

**CRANIAL DREAMWORK** 50 min \$170  
Gentle yet profound treatment helps relieve compression and tension in the head, neck and spine, alleviating pain from conditions such as TMJ, migraines and eye strain.

**SPRING RECOVERY SYSTEM** 80 min \$265  
Castor oil and packets applied to the skin increases circulation, lymphatic circulation, reduces inflammation and swelling of joints while strengthening the immune system. The use of the amethyst infrared mat penetrates tissue deeply while given a neck, face and foot massage.

**LYMPHATIC DRAINAGE** 50 min \$170  
Gentle technique allowing for deep relaxation while stimulating the lymphatic system, improving immune function, promoting increased release of toxins and reducing edema.

**COLON HYDROTHERAPY** 50 min \$95 | 80 min \$175 with Abdominal Massage  
Using an FDA approved closed system to safely cleanse, rehydrate, detoxify and strengthen the muscles of the lower intestines and colon.

## SIGNATURE TREATMENTS

We recommend relaxing in our mineral pools prior to your body treatment to help prepare your skin for maximum benefits.

**THE SPRING SIGNATURE BUFF**  
80 min \$215 | 110 min \$315 with 30 min Targeted Massage  
Exfoliation with a special imported mitt to stimulate circulation and energy flow resulting in smooth soft skin followed by re-hydrating aromatherapy oil ending with our signature Scalp and Hair Therapy.

**IMMUNE BOOSTING BUFF**  
80 min \$215 | 110 min \$315 with additional 30 min Lymphatic Drainage  
Exfoliation with a dry body brush stimulating circulation and the immune system, followed by a detoxifying and restorative Lymphatic Drainage treatment ending with a re-hydrating immune boosting aromatherapy oil.

**DETOXIFYING MARINE MUD WRAP**  
80 min \$235 | 110 min \$345 with 30 min Targeted Massage  
Gentle exfoliation with seawater crystals and marine alpha hydroxy acid followed by a trace mineral-rich brown algae mud wrap ending with a marine-based lotion for the ultimate re-hydration.

**REMINERALIZING MARINE GEL WRAP**  
80 min \$235 | 110 min \$345 with 30 min Targeted Massage  
Gentle exfoliation with seawater crystals and marine alpha hydroxy acid followed by a trace mineral-rich seawater gel wrap ending with a marine-based lotion for the ultimate re-hydration.

**CLAY AND SANDALWOOD WRAP**  
80 min \$215 | 110 min \$315 with 30 min Targeted Massage  
Warm clay and sandalwood wrap for detoxification and absorption of trace minerals promoting soft and smooth skin followed by re-hydrating aromatherapy oil.

## BODY TREATMENTS

**SEA HOLISTIC** 80 min \$265  
Relaxing and Radiance Massage for Face and Body  
An ultra-relaxing treatment with its gentle warmth and fragrant scent of lavender flowers. A combination of light strokes, pressure and stretching.

**INVIGORATING SALT OR SUGAR SCRUB**  
50 min \$185 | 80 min \$265 with 30 min Targeted Massage  
Exfoliating and skin enhancing mineral scrub application followed by re-hydrating aromatherapy oil benefiting the body from inside out.

## SERVICE ENHANCEMENTS

AROMATHERAPY \$20

TARGETED CBD OIL \$50

SELF HEATING MARINE MUD \$50

TARGETED HOT STONE \$50

## SIGNATURE FACIALS

**EXTENDED YOUTH SIGNATURE FACIAL**  
**Wrinkle Correction Treatment** 50 min \$190  
Three key steps in an ultra-effective treatment to resurface the skin, fill wrinkles and re-contour the face. In a single treatment your wrinkles are diminished, leaving your skin more firm and looking younger.

**WHITE LUMINATION SIGNATURE FACIAL**  
**Brightening Radiance Treatment** 50 min \$190  
The ideal treatment for a radiant and even complexion. Clinically tested with spectacular results in which the number of dark spots have declined and are less intense, producing glowing skin.

**HYDRATION PLUMPING SIGNATURE FACIAL**  
**Plumping Moisturizing Treatment** 50 min \$190  
Immerse yourself in an ultra effective moisturizing bath. The results are immediate leaving your skin radiant due to this ultimate restorative re-hydration.

**SOOTHING MARINE SIGNATURE FACIAL**  
**Comforting Soothing Treatment** 50 min \$190  
A veil of softness for sensitive skin and/or redness. This pampering treatment softens your skin and enhances its protective system while creating soothed and hydrated skin.

## FACIALS

**ULTIMATE AGE DEFIANCE FACIAL**  
**Youth Revealing Treatment** 80 min \$275  
Discover a very original facial massage in an ultimate age defying treatment with exceptional results. The height of biotechnological effectiveness for firmer, smoother skin that glows with renewed radiance.

**OLIGOFORCE ADVANCE LUMINATION**  
**Brightening Radiance and Wrinkle Treatment** 50 min \$245  
The renewing, brightening, facial utilizes the energizing power of seawater and protective effects of marine plants to even out age spots, freckles, and uneven skin, leaving you with a glowing even, and plumping complexion.

**CITY LIFE ANTI-POLLUTION FACIAL**  
**Skin Freshness Treatment** 50 min \$220  
A personalized treatment for tired skin and uneven complexions allowing for the the skin of city dwelling women to be healthier. The skin is intensely hydrated, signs of fatigue are diminished, the complexion is more even and the skin regains its freshness.

**GENTLEMAN'S FACIAL**  
**Facial Treatments for Men** 50 min \$180  
Enter a world dedicated to men. Choose a moisturizing, youth, soothing or pollution-targeted treatment adapted to the specificities of male skin.

**BACK FACIAL** 50 min \$ 180  
Our complete back facial exfoliates, and deep cleans with extractions and re-hydration.

## FACIAL ENHANCEMENTS

LYMPHATIC FACIAL MASSAGE \$40

BEARD CLEANING \$40

PERFECTING EYE TREATMENT \$60

ADDITIONAL EXTRACTION \$40