

MASSAGE

SPRING SIGNATURE RELAXATION 50 min \$150 | 80 min \$210
Promotes deep relaxation and improves circulation using long strokes, fluid kneading movements and friction techniques to deliver a complete relaxation accompanied by lavender aromatherapy oils.

DEEP TISSUE/SPORTS MASSAGE 50 min \$175 | 80 min \$255
Slow and firm technique addressing deeper layers of muscles and fascia helping relieve chronic muscle pain and tension.

CUSTOM THERAPEUTIC MASSAGE 50 min \$170 | 80 min \$250
Customized to your specific needs using various techniques which may include Swedish Massage, Deep Tissue, Acupressure, Trigger Point Therapy, Cranial Sacral, Reflexology. Includes aromatherapy.

PREGNANCY MASSAGE 50 min \$170
Gentle technique for the mother-to-be helps alleviate back discomfort, improving circulation, reduce edema and decrease stress.

REFLEXOLOGY 50 min \$170
Firm pressure, kneading and rubbing to stimulate reflex points in the feet, hands and/or ears benefiting the entire body.

CBD TREATMENTS

JOURNEY TO REMEMBER FULL CBD 50 min \$210 | 80min \$250
Unwind your mind and drift into a state of profound peace with this immersive CBD experience. Settle into the journey (Take home tincture included)

BRILLIANCE CBD SCRUB 50min \$185 | 80min \$265 with 30min Targeted Massage

Pamper your skin with our luxurious sugar-based body scrub. Coconut sugar gently exfoliates the skin, while fine Dead Sea salt adds an extra layer of exfoliation and replenishes essential minerals. 50min \$185 | 80min \$265 with 30min Targeted Massage

ENHANCEMENTS

TARGETED MASSAGE 30 min \$80
Optimum results where attention is needed the most such as neck, shoulders and/or lower back.

ABDOMINAL MASSAGE 30 min \$80
Deep yet gentle targeted massage of the abdomen relieving stress, constipation, tight abdominal muscles, improving digestion and elimination. *Recommended prior to a Colon Hydrotherapy Session*

SCALP AND HAIR THERAPY 30 min \$80
Warm coconut oil massaged into the scalp to invigorate and increase circulation leaving your hair rejuvenated and shining.

WELLNESS TREATMENTS

CRANIAL DREAMWORK 50 min \$170
Gentle yet profound treatment helps relieve compression and tension in the head, neck and spine, alleviating pain from conditions such as TMJ, migraines and eye strain.

SPRING RECOVERY SYSTEM 80 min \$265
Castor oil and packets applied to the skin increases circulation, lymphatic circulation, reduces inflammation and swelling of joints while strengthening the immune system. The use of the amethyst infrared mat penetrates tissue deeply while given a neck, face and foot massage.

LYMPHATIC DRAINAGE 50 min \$170
Gentle technique allowing for deep relaxation while stimulating the lymphatic system, improving immune function, promoting increased release of toxins and reducing edema.
COLON HYDROTHERAPY 50 min \$95 | 80 min \$175 with Abdominal Massage
Using an FDA approved closed system to safely cleanse, rehydrate, detoxify and strengthen the muscles of the lower intestines and colon.

SIGNATURE TREATMENTS

We recommend relaxing in our mineral pools prior to your body treatment to help prepare your skin for maximum benefits.

SPRING SIGNATURE BUFF
80 min \$215 | 110 min \$275 *includes 30 min massage*
Exfoliation with a special imported mitt to stimulate circulation and energy flow resulting in smooth soft skin followed by re-hydrating aromatherapy oil ending with our signature 30 min Scalp and Hair Therapy.

DETOXIFYING MARINE MUD WRAP
80 min \$235 | 110 min \$300 with 30 min Targeted Massage
Gentle exfoliation with seawater crystals and marine alpha hydroxy acid followed by a trace mineral-rich brown algae mud wrap ending with a marine-based lotion for the ultimate re-hydration.

REMINERALIZING MARINE GEL WRAP
80 min \$235 | 110 min \$300 with 30 min Targeted Massage
Gentle exfoliation with seawater crystals and marine alpha hydroxy acid followed by a trace mineral-rich seawater gel wrap ending with a marine-based lotion for the ultimate re-hydration.

CLAY AND SANDALWOOD WRAP
80 min \$215 | 110 min \$275 with 30 min Targeted Massage
Warm clay and sandalwood wrap for detoxification and absorption of trace minerals promoting soft and smooth skin followed by re-hydrating aromatherapy oil.

BODY TREATMENTS

OLIGOTHERAPY
80 min \$235 | 110 min \$300 with 30 min Targeted Massage
Remineralizing Drainge body treatment
Detox with this complete body treatment: a draining massage that eliminates toxins and tension

INVIGORATING SALT OR SUGAR SCRUB
50 min \$185 | 80 min \$265 *with 30 min Targeted Massage*
Exfoliating and skin enhancing mineral scrub application followed by re-hydrating aromatherapy oil benefiting the body from inside out.

SERVICE ENHANCEMENTS

AROMATHERAPY \$20

TARGETED CBD OIL \$50

SELF HEATING MARINE MUD \$50

TARGETED HOT STONE \$50

SIGNATURE FACIALS

DESERT GLOW SIGNATURE FACIAL 50 min \$190 | 80 min \$270
includes choice of 30 min lymphatic facial drainage or targeted massage
Our customizable facial for all skin types
The perfect opening note to your spa experience, this classic facial treatment combines all the skin specific solutions of a European facial and much more. A highly concentrated marine mask, selected especially for your skin type, targets the improvement of the skin’s functions, producing exceptional results. No matter the skin-type, an awakened complexion with a dewy, radiance is the powerful result.

GENTLEMAN'S FACIAL 50 min \$190
Enter a world dedicated to men. Choose a moisturizing, youth, soothing or pollution-targeted treatment adapted to the specificities of male skin.

BACK FACIAL 50 min \$ 190
Our complete back facial exfoliates, and deep cleans with extractions and re-hydration.

ANTI-AGING

ULTIMATE AGE DEFIANCE
Youth Revealing Treatment 80 min \$275
Discover a very original facial massage in an ultimate age defying treatment with exceptional results. The height of biotechnological effectiveness for firmer, smoother skin that glows with renewed radiance.

EXPERT YOUTH
Wrinkle Correction Treatment 50 min \$245
Three key steps in an ultra-effective treatment to resurface the skin, fill wrinkles and re-contour the face. In a single treatment your wrinkles are diminished, leaving your skin more firm and looking younger.

OLIGOFORCE SKIN LUMINATION
Brightening Radiance and Wrinkle Treatment 50 min \$245
The renewing, brightening, facial utilizes the energizing power of seawater and protective effects of marine plants to even out age spots, freckles, and uneven skin, leaving you with a glowing even, and plumping complexion.

FACIAL ENHANCEMENTS

LYMPHATIC FACIAL MASSAGE \$40

PERFECTING EYE TREATMENT OR LIP SCRUB & MASK \$40

ADDITIONAL EXTRACTION \$40



MEMBERSHIP PROGRAM

Escape, recharge, and make wellness part of your lifestyle with our new 1-Month and 3-Month Memberships at The Spring Resort & Spa. Enjoy UNLIMITED access to our hot mineral spring pools, sauna, and cold plunges, plus one rejuvenating treatment of your choice every month. Designed for those ready to prioritize relaxation, recovery, and total mind-body wellness. Whether you’re looking for a monthly reset or a longer wellness journey, our memberships offer the perfect way to soak, restore, and save. Call today for pricing and membership details — availability is limited.